



Prevention and Management of Challenging and Hazardous Behaviour, Disengagement Skills and Physical Intervention Skills

Course Overview

The course focuses on restraint reduction, primary and preventative strategies for the management of disruptive and challenging behaviours. It also covers positive responses to physically challenging or hazardous behaviours.

Intended Audience

Those who teach, support and care for young people who may present behaviours that are disruptive, challenging or hazardous.

Course Objectives

- Understand the current Legislation and Guidance/Standards
- Describe challenging and hazardous behaviour and the root causes and functions of these behaviours
- Describe Primary and Secondary Strategies for behaviour management
- Describe Person Centred Approaches
- Describe Tertiary Strategies for responding to behaviours that challenge
- Demonstrate effective methods of disengaging from physically challenging behaviours
- Demonstrate effective methods of making physical interventions
- Describe the post incident support process and reflective practices

All staff should complete the Theory prior to Physical Intervention Skills, see below two options:

Option1:

Day 1 = Theory

Day 2 = Physical skills

2 day programme, both classroom based.

Option 2 :

Day 1= Theory (Online, 30 day window to complete prior to day 2)

Day 2= Physical skills (Classroom)