



## **Prevention and Management of Challenging and Hazardous Behaviour, Disengagement Skills and Physical Intervention Skills**

### **Course Overview**

The course focuses on restraint reduction, primary and preventative strategies for the management of disruptive and challenging behaviours. It also covers positive responses to physically challenging or hazardous behaviours.

### **Intended Audience**

Those who teach, support and care for young people who may present behaviours that are disruptive, challenging or hazardous.

### **Course Objectives**

- Understand the current Legislation and Guidance/Standards
- Describe challenging and hazardous behaviour and the root causes and functions of these behaviours
- Describe Primary and Secondary Strategies for behaviour management
- Describe Person Centred Approaches
- Describe Tertiary Strategies for responding to behaviours that challenge
- Demonstrate effective methods of disengaging from physically challenging behaviours
- Demonstrate effective methods of making physical interventions
- Describe the post incident support process and reflective practices

### **Programme Structure:**

**Day 1 = Theory, online (30 day window to complete)**

**Day 2 = Physical skills, Classroom 9.00am-4.00pm**

**All staff should complete the Theory prior to Physical Intervention Skills.**

- **£120.00 per person, per setting in Scarborough, Whitby and Ryedale including Coast and Vale Learning Trust Schools.**